

# Montgomery County Employee Health and Wellness Clinic



**nextlevel**  
HEALTH & WELLNESS

# NEW HOURS OF OPERATION

MONDAY-FRIDAY

7AM-5PM

ALL VISIT TYPES ARE AVAILABLE  
DURING ALL CLINIC HOURS

NO COPAY!!

# CLINIC LOCATION

521 NORTH THOMPSON  
CONROE, TEXAS 77301



# HOW TO SCHEDULE AN APPOINTMENT

- CALL 936-538-3779
- ONLINE AT [NextLevelUrgentCare.com](http://NextLevelUrgentCare.com)
- SCHEDULING VIA THE NEXT LEVEL APP IS COMING SOON

# OUR STAFF

- CHRISTY KUTZ, NP
- TERESA MASON, RT
- IVO NELSON, EMT
- CRYSTAL TRISTAN, NCT
- TINA WEEKS, NCT



# CLINIC SERVICES OFFERED

- PRIMARY CARE
- CHRONIC DISEASE MANAGEMENT
- URGENT CARE
- SICK VISITS FOR AGES 2 AND UP
- ANNUAL PHYSICALS
- WELL WOMAN EXAMS
- WORK INJURY VISITS
- SPORTS PHYSICALS
- FLU VACCINATION
- TETANUS VACCINATION
- HEPATITIS B VACCINATION
- ONSITE X-RAY
- BLOOD DRAWS

# WELLNESS PROGRAM



## *Kenni - Richelle* **COACHING**

As a Health & Wellness Coach, Kenni-Richelle King assists individuals with creating easy strategies to develop healthy habits over time in a way that fits into their current lifestyles. She provides educational workshops and individual coaching to empower members of our community to take their health and wellness into their own hands.

Email: [kkwellnesscoach@gmail.com](mailto:kkwellnesscoach@gmail.com) Phone: (808) 366.4100

# BIOMETRIC SCREENING AND HEALTH RISK ASSESSMENTS

- ONSITE BIOMETRIC SCREENING WILL BE DONE IN JULY
- BIOMETRIC SCREENING WILL ALSO BE AVAILABLE IN THE CLINIC
- ONLINE HEALTH RISK ASSESSMENT WILL BE AVAILABLE FROM JULY TO THE END OF SEPTEMBER
- CLINIC APPOINTMENTS WILL BE SCHEDULED AFTER COMPLETION OF YOUR BIOMETRICS/HRA TO DISCUSS YOUR RESULTS



# AFFILIATED WITH



- 12 locations in the greater Houston area
- 2 convenient Montgomery County locations
  - The Woodlands: 25750 Kuykendahl Rd, Suite A, Tomball, TX
  - Conroe: 1246 N Farm to market 3083, Suite B, Conroe, TX
- Open 9am to 9pm daily (some locations open 7am to 9pm)
- Only closed on Thanksgiving Day and Christmas Day
- Get the Next Level App to get in line from home!
- Shared EMR with our county clinic